POWERED BY ZP

DISCLAIMER - Version 1.2

Last updated June 8, 2026

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Powered By ZP assumes no medical, professional or legal responsibility for complications arising directly or indirectly as a result of the use of advice, and exercise programmes offered. Always consult your general practitioner before beginning any exercise program.

No medical diagnosis or treatment is provided by Powered By ZP.

Where the Powered By ZP services display health-related information, this information is provided for general awareness only. It is not medical advice and should not be used to assess health, diagnose conditions, or make medical or health-related decisions. Any health concerns should be discussed with a qualified healthcare professional.

Every precaution must be made prior to engaging in the activity program to ensure the safety of any participants. Where appropriate, supervision is recommended. All participants under the age of 18 should be supervised. In no event will we be liable for any injury caused by performing the Powered By ZP activities.

Every effort is made to keep the website and application up and running smoothly. However, Powered By ZP takes no responsibility for, and will not be liable for, the website or application being temporarily unavailable due to general maintenance or technical issues beyond our control.

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